



# THE NETHERHALL ECHO



Welcome to the newsletter, bringing you up-to-date information about the School.

8 January to 15 February 2019

Issue 12

## Sixth Form Recruitment for September 2019



Head Girl Lauren Gorge, Sixth Form Council Deputy Chairperson Jodie Hodgson and Head Boy Ewan Lavery at the Energus Open Evening on Monday, 28<sup>th</sup> January.

Netherhall School Sixth Form has been busy this term, advertising to current Year 11 students ahead of the new academic year from September 2019. A Year 11 Sixth Form Open Evening was held on Thursday, 17<sup>th</sup> January, with presentations by Mr Bailey in the Ellen Theatre on life in our sixth form, while Year 11 students also had the opportunity to discuss courses available with staff in their respective departments around the school. Current sixth form students were also available to offer advice on the evening and I would like to thank the fifty seven students who freely gave of their time to help promote their sixth form – they are fabulous ambassadors for our school.

We have also been busy promoting our sixth form in the local community and have attended post-16 careers evenings at Beacon Hill School, Aspatria, on Wednesday, 23<sup>rd</sup> January, and at Energus, Workington, on Monday, 28<sup>th</sup> January. I would particularly like to thank our Head Boy, Ewan Laverty, Head Girl, Lauren Gorge, Sixth Form Council Deputy Chairperson, Jodie Hodgson, and Sixth Form Council Representative, Yasmin Dixon; their support at Beacon Hill School and Energus provided fantastic advice to prospective sixth form students and they represented our school with distinction in the local community.

This is an exciting time to be joining Netherhall School Sixth Form; we are delighted that our numbers have continued to grow in recent years, from twenty eight leavers in 2018, to thirty nine students in our current Year 13 and fifty five students in our current Year 12. I am delighted to inform you that we have had over seventy expressions of interest in joining our sixth form in September so far, and are sure that these increased numbers will add to the vibrancy of our thriving sixth form body. I am also delighted to inform you that the recently released Cumbrian Secondary School League Tables have seen our sixth form placed joint 7<sup>th</sup> in the county for performance at A level in 2018, confirming the "Excellent" rating we received in the 2018 ALPS report, placing us in the top 20% of sixth forms in the country. Predicted data for our current Year 13 students will see us exceed the fantastic performance of Year 13 students in 2018 and we are delighted that so many Year 11 students have indicated their intention to stay on with us next year; we are certain that their fantastic attitude and work rate will see our sixth form continue to go from strength to strength.

We have also received a good deal of interest from students at other schools in coming to join us in September and they will be made extremely welcome by our friendly team of staff and students. Our new and updated Sixth Form Prospectus and application forms have been made available during the post-16 careers evenings we have attended and can also be found online on our Netherhall School website. If there are any other students who have seen this post and would like to explore the possibilities of joining us at Netherhall School Sixth Form in September, then they are more than welcome to come into school and visit me at their convenience, either individually or with their parents. I will be more than happy to provide students with any careers advice required and can be contacted at school on 01900 813434 or via email at [m.bailey@netherhall.cumbria.sch.uk](mailto:m.bailey@netherhall.cumbria.sch.uk)



**Head Girl Lauren Gorge and Sixth Form Council Representative Yasmin Dixon at the Beacon Hill Open Evening on Wednesday, 23<sup>rd</sup> January.**



**Lauren Gorge, Ewan Laverty and Jodie Hodgson discussing life in the sixth form with prospective Year 12 students.**



**Lauren Gorge and Jodie Hodgson.**

**Mr M D Bailey  
Deputy Headteacher/Head of Sixth Form**

## **The Historic England Angel Award**

Congratulations to Year 13 students Lauren Gorge, Katie Harris, Beth Peel, Emily Southwell, Scott Bradley, Kieran Dixon, Tyler Eren and Ryan Moore who have received a certificate of commendation in The Historic England Angel Awards for the Best Contribution to a Heritage Project by Young People in 2018.

The commendation has been received as a result of the organisation of the Camp Farm Archaeology Conference, which was held at Netherhall School in April 2018, in support of The North of England Civic Trust. The conference provided twenty six delegates in attendance with a huge amount of information regarding the significance of Camp Farm, Maryport, and the legacy of the Roman remains that have been found there, before going on to explore how this legacy should be shared with future generations. A number of guest speakers were invited to share their knowledge with delegates at the conference including Graham Bell, Director of the North of England Civic Trust, Tony Wilmott of the University of Newcastle and Anthony Birley of Durham University. Lectures given during the morning of the conference were followed up by afternoon workshop activities supported by Netherhall School Sixth Form students.

The event was co-ordinated brilliantly by our sixth form students, who displayed first class organisational skills in the build up to the conference and on the day itself. The opportunity provided to project manage this conference has enriched our students' wider experience and facilitated their successful applications to university courses for the coming autumn, while also supporting applications to Gen 2 apprenticeships for those students who are currently applying to degree based apprenticeships this term.

I would like to thank The North of England Civic Trust for inviting Netherhall School Sixth Form students to host this event and for the invaluable experience they have provided to our students in developing their leadership skills in support of their future career aims. Most importantly, I would like to thank our Year 13 students for acting as such professional ambassadors for Netherhall School and am delighted that they gained a great deal from the project; I am also delighted that their fantastic efforts have been commended by the judges of The Historic England Angel Awards.



**Year 13 students Katie Harris, Beth Peel, Lauren Gorge (Head Girl), Emily Southwell and Ryan Moore (Deputy Head Boy), with the Certificate of Commendation received in The Historic England Angel Awards.**

**Mr M D Bailey  
Deputy Headteacher/Head of Sixth Form**

## IT - Thirst for Learning Award



**Year 13 IT – Thirst for Learning  
Award winner,  
Elliot Thompson.**

Congratulations to Year 13 student Elliot Thompson, who has been awarded the IT Thirst for Learning Award in recognition of valuable contributions to IT lessons. Elliot was chosen for the award by his IT teacher Miss Cooper, who cited his outstanding motivation, total commitment to coursework completion and all round contribution to lessons as the reason for his selection for the award. Elliot has received a certificate of commendation to recognise this achievement along with a £10 gift voucher.

Elliot is a fantastic young man who is studying for A levels in maths and physics alongside his studies in IT. He is currently performing above his target grades and is in the process of applying for a degree level specialist apprenticeship in engineering with Gen 2, which will commence in September. Elliot is a credit to himself and to our sixth form and with continued hard work he will produce a fabulous set of exam results in the summer and go on to a brilliant future career. Well done Elliot – you are an inspiration to your peers and we are sure you will go on to great things!

**Mr M D Bailey**  
Deputy Headteacher/Head of Sixth Form

## Durham University Supported Progression



**Durham University Supported  
Progression student Harrison  
Savage, Year 12.**

Congratulations to Year 12 star student, Harrison Savage, who has been successful in his application to participate in this year's Supported Progression Programme at Durham University. Harrison has been selected to take part in the business and management programme and should be very proud of this achievement, having been picked from thousands of applicants to enjoy a first class experience at one of the country's finest academic institutions. The first stage of the programme will be a one day welcome event on Saturday, 12<sup>th</sup> January, before a three day spring residential is held during the Easter holidays; a final five day assessed summer school will be held in August. An assessed project will then be completed and the results of this will allow the university to offer Harrison an undergraduate place at Durham University from the autumn of 2020, at a lower UCAS tariff offer than would normally be the case.

Harrison is an outstanding young man, an inspiration to his peers and a first class role model to the younger students of Netherhall School. He was recently named Young Person of the Year for 2018 by the Cumbria Lawn Tennis Association and is excelling in his

academic A level studies of history, French and mathematics. The opportunity provided by Durham University will further help Harrison cement his future career aims and we are certain that Harrison will go on to study at one of the top academic institutions in England, while a future reading for a degree in the USA before becoming a tennis professional is also under consideration.

Congratulations, Harrison, and best wishes for your forthcoming experience at Durham University.

**Mr M D Bailey**  
Deputy Headteacher/Head of Sixth Form

## **University of Cumbria – Year 12 Careers Lecture**

On Friday, 18<sup>th</sup> January, Year 12 health and social care students were fortunate enough to enjoy a careers presentation given by Mr Jim Greer, lecturer for the BA (Hons) Social Work degree at the Fusehill Street Campus of the University of Cumbria. This was the second presentation provided by the University of Cumbria to our sixth form students this year, following an excellent session given by Dr Karen Lockney, programme leader for the BA (Hons) Working with Children and Families degree in December.

The presentation was again fascinating and highlighted the many career options in the field of social work that will be available to our students upon the completion of their sixth form studies; working with children and families, the elderly, those with mental illness and those with physical or learning disabilities. Mr Greer explained how social work provides a rewarding, interesting and fulfilling career and how a 3 year degree programme will fully qualify students to enter the social work profession.

Netherhall School would once again like to thank the University of Cumbria for the invaluable careers advice they have provided to our students this year. The opportunity for students to receive such detailed information and be able to ask any specific questions from experts in their field is fantastic; this will serve our students well as they continue to explore future career opportunities ahead of their applications to university and apprenticeships in the autumn term.



**Year 12 health and social care students with Mrs Kath Armstrong, teacher of health and social care and Mr Jim Greer, lecturer in social work from the University of Cumbria.**

## **Gen2 Careers – Interview Technique Presentation**

Sixth form students were fortunate to enjoy an interview technique presentation delivered by Mr Sam French, Marketing and Communications Officer with Gen2, on the afternoon of Wednesday, 9<sup>th</sup> January. Mr French gave an excellent presentation to sixth form students in November, where he detailed the career apprenticeships available to them following their studies and was so impressed with our students that he agreed to return this month to provide a more specific interview technique session. Gen 2 apprenticeship applications are open until the 15<sup>th</sup> February and Mr French provided students with detailed advice on how to complete these and how to give the very best account of themselves, should they be fortunate enough to secure an interview for an apprenticeship in the autumn.

Several sixth form students are currently weighing up their future career options and whether they will read for undergraduate degrees at university on the completion of their A levels or pursue an apprenticeship in industry. I would like to thank Mr French for the inspiration and support he has provided to our sixth form students and am certain it will leave them well placed to cement their decisions and achieve their career goals over the coming year. I would also like to thank all sixth form students for the professional approach they showed throughout the presentation; they are fantastic ambassadors for Netherhall School.



**Sixth Form students who enjoyed the Gen2 careers interview technique presentation –  
Back row: Matt Bell, Cameron Harker, Josh Taylor, Owen Scott, Jamie Wilcock,  
Ryan Moore, Elliot Thompson.**

**Middle row: Mr Sam French, Lauren Gorge, Yasmin Dixon, Jodie Hodgson, Kieran  
Dixon, Ross Ridley.**

**Front row: Beth Peel, Kaitlyn Banks, Emily Southwell and Katie Harris.**

**Mr M D Bailey  
Deputy Headteacher/Head of Sixth Form**

## National Citizen Service Awards

Congratulations to Year 12 students Kia Moralee, Devven Lythall, Angel McCormick, Shannon Holt and Abbie Hagan who have just received their National Citizen Service (NCS) Awards. The scheme is designed for personal and social development for students aged 15-17 years old and was completed by the Year 12 students last summer, following the completion of their GCSE examinations. During the scheme, the girls undertook a series of outdoor pursuits while staying at the outward bound centre at Patterdale, Ullswater, and completed first aid training, army training and an assault course, while also climbing Scafell Pike.

Kia is studying triple health and social care; Devven is studying double health and social care and art; Angel is studying geography, sport and applied science; Shannon is studying business, French and health and social care while Abbie is studying sport, applied science and health and social care. The opportunity to take part in the National Citizen Service Award has developed the girls' personal and team working skills and provided them with further skills and experience to make a success of applications to university and for apprenticeships during Year 13. Well done to the girls on their success; they are a credit to our sixth form.



**Year 12 students Kia Moralee, Devven Lythall, Angel McCormick, Shannon Holt and Abbie Hagan who have received their National Citizen Awards.**

**Mr M D Bailey**  
Deputy Headteacher/Head of Sixth Form

## Young Enterprise – Year 12 “Plastic Surgery” on a Roll!

We have made hundreds of flowers out of donated plastic bottles over the last few weeks getting ready for Valentine's Day, Mother's Day, Easter and the next two rounds of the competition.

We will be at Dunmail Park on Saturday, 2 March, and at Rheged on Wednesday, 27 March, competing for the glory of being Cumbria champions.

Thank you to everyone who has supported us so far, we still have a large variety of flowers available to order through school!



**Emily Huddart-Cable**  
Year 12



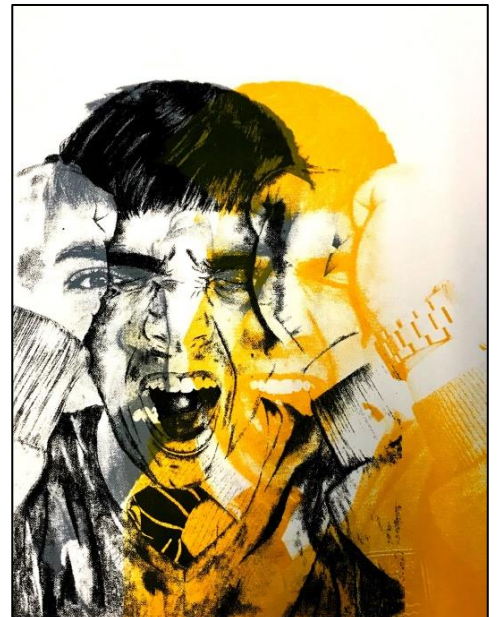
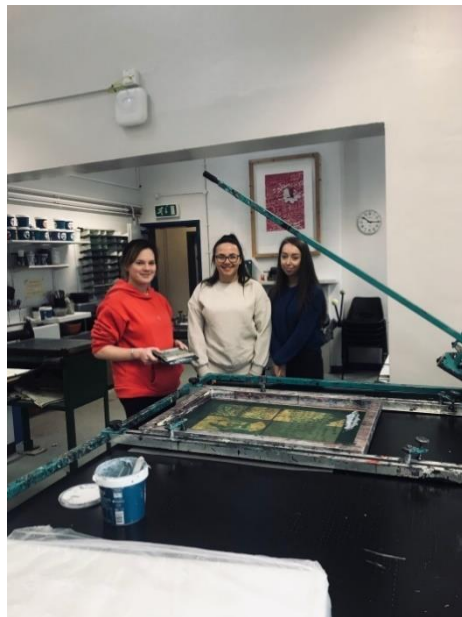
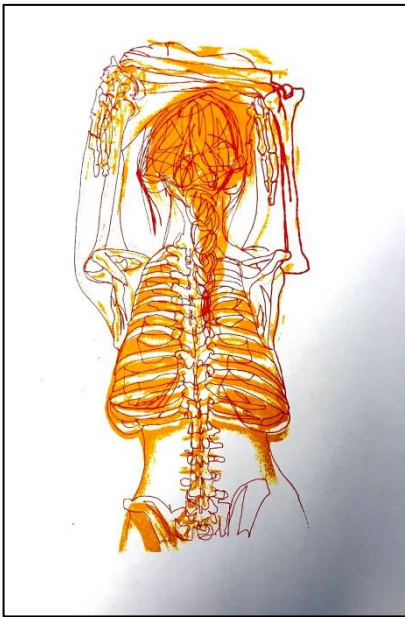
## Year 13 Printmaking Workshop

On Tuesday, 29<sup>th</sup> January, and Tuesday, 5<sup>th</sup> February, I had the pleasure of accompanying Year 13 students to the University of Cumbria, Carlisle, where we took part in a printmaking workshop which was led by Natalie Shaw, the senior printmaking technician at the university.

The students were introduced to screen-printing and worked with Natalie to develop a range of prints based on their personal investigations, which they are currently completing for their A level art course.

The work produced was of excellent quality and the students ensured they made the most of this fantastic opportunity.

I would like to thank the University of Cumbria for continuing to provide us with these excellent opportunities for our students; it makes a huge difference.

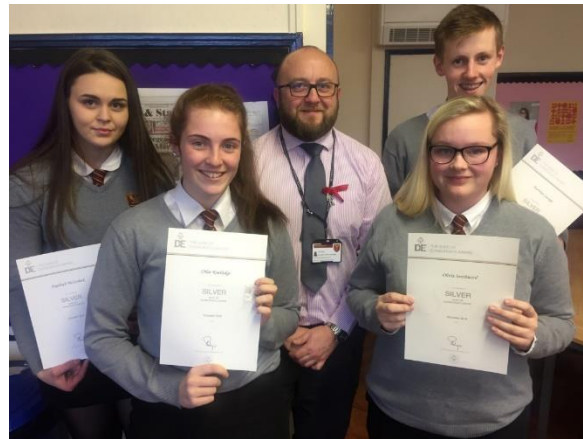




## Silver Duke of Edinburgh Award

It was with great pride and satisfaction that I was able to present last year's Silver cohort with their certificate and pin badge for successfully completing all aspects of the award. After spending time on expedition with this wonderful group of young people and seeing their commitment at first hand, as they pushed themselves individually, and in their groups, it was a pleasure to see them reach their goal.

It is with great excitement that all involved in the Duke of Edinburgh Award at Netherhall are looking forward to continuing to work closely with the record number of students who have enrolled onto the Bronze, Silver and Gold Awards this year. We have some great expeditions planned and lots of memories to be made for students and staff alike.



**Mr L Wassell**  
Duke of Edinburgh Co-ordinator



## Netherhall School 2018 Carol Service

Netherhall School had its 2018 Carol Service on the afternoon of the final Friday of the school term at the fabulous St Mary's Church with the excellent Reverend McEndrey.



Well done to the school choir, who gave a super performance of classic Christmas carols; and thank you to the Reverend McEndrey and St Mary's Church.

**Mr D W Tromans**  
**Headteacher**

## Aleksei Anderson ICC Northern Champion of Cheer and Dance

Star Year 7 Netherhall School student Aleksei Anderson competed in the ICC Northern Cheer and Dance Championships in Blackpool, where he achieved the remarkable feat of 1<sup>st</sup> in the solo competition and was a key part of the team who were placed 2<sup>nd</sup> in the team event.



Aleksei has been doing gymnastics since the age of 5, training with Crazy Theatre in Workington for the past three years and is part of the Crazy Cats elite competition team. I have seen Aleksei perform on stage during the school production, which was truly impressive; and it comes as no surprise to me that he has done so well.

Well done Aleksei! When asked who is his inspiration, he scored top marks again from me, for citing his Mum and Dad!

**Mr D W Tromans**  
**Headteacher**

## Year 7 Achievement Winner Luke Nicholson

Luke is not only a super young man and an excellent student, he is the top Year 7 achievement award winner for the autumn 2 half-term, with an outstanding 71 achievement points. Well done Luke!

Well done to all these students and to all of the students who have been awarded achievement points.

**Mr D W Tromans**  
**Headteacher**



## Year 7 Achievement Winners

Last week's Year 7 achievement winners are:



- Noah Hearn 8
- Emma Bell 7
- Bethany Whewell 9
- Kelsey Routledge 7
- Evie Mumberson 14
- Heidi Martin 7
- Keelan Steel 9
- Luke Nicholson Star of the Week 16
- Luke Melville 7
- Dennon Woodburn 8
- Tyler Bell 7
- Jennifer Brown 7 (missing from the photo)

Well done to all these students and to all of the students who have been awarded achievement points.

**Mr D W Tromans**  
**Headteacher**

## Year 7 Achievement Winners

Last week's Year 7 achievement winners are:



- Ismay - and overall winner Heidi Martin - 13
- Adair - Kelsey Routledge - 9
- Christian - Aiden Herald - 10
- Fleming - Luke Nicholson - 12

Well done to all these students and to all of the students who have been awarded achievement points.

**Mr D W Tromans**  
**Headteacher**

## Year 8 Achievement Winners

Last half-term's Year 8 achievement winners are:



- Taylor Thompson
- Scarlet Banks
- Dan Chilton (top Year 8 Achiever)
- Sophie Kray
- Alisha Nicholson

Well done to all these students and to all of the students who have been awarded achievement points.

**Mr D W Tromans**  
**Headteacher**

## Year 9 Achievement Winners

Last half-term's Year 9 achievement winners are:



- Rio Gradon
- Lori Armstrong
- Lucy Scott
- Olivia Anderson
- Bryan John Logan
- Saffron Maxwell
- Jack Charters
- Kieran Hill
- Rayner Fletcher

Well done to all these students and to all of the students who have been awarded achievement points.

**Mr D W Tromans**  
**Headteacher**

## Year 10 Achievement Winners

Last half-term's Year 10 achievement winners are:



- Mia Steele
- Kieran Bainbridge
- Ellis Bell
- Georgia Mason
- Nathan McMullen
- Samantha Hodgson
- Paige Dixon
- Liam Chawner
- Cameron McEwan

Well done to all these students and to all of the students who have been awarded achievement points.

**Mr D W Tromans**  
**Headteacher**



## **Katie Holliday** **ICT Award**

Well done to Katie Holliday for being awarded the Year 7 ICT Thirst for Knowledge Award. The award is given for outstanding effort and a brilliant attitude in ICT classes. This award is thoroughly deserved, as Katie is an excellent student and a lovely young person. Well done Katie!

**Mr D W Tromans**  
**Headteacher**



## **Noah Hearn and Ethan Holt** **Word Millionaires!**

Year 7 superstars Noah Hearn and Ethan Holt have, since September, passed the one million words read count on the accelerated reader scheme, with respective word totals of 1,261,144 and 1,125,812!!!!. This is a remarkable achievement!

Noah and Ethan are not only avid readers they are super young men, first class students and a delight to be around in school.

Well done Noah and Ethan, you are an inspiration to others.

**Mr D W Tromans**  
**Headteacher**



## **Noah Hearn** **Double Word Millionaire!**

Year 7 reading superstar Noah Hearn has, since September, passed the two million words read count on the accelerated reader scheme, with a current word total of 2,009,472!!!! WoW!!!

Noah is a voracious reader, a super young man, a first class student, is actively involved in many aspects of school life and is someone who always greets you with a smile!

Well done Noah, you are an inspiration to others. And well done for 100% attendance, which is what the other certificate is for!

**Mr D W Tromans**  
**Headteacher**

## Autumn 2 Reading Challenge Winners

Every half-term the winners of the reading challenge are presented with a £5 book token to acknowledge their outstanding attitude, effort and achievement in reading. Well done!

### **Year 7 Reading Challenge Winners**



**Shae Carthy, Yasmin Nicholson, Macie Lavery, Mika Nealy, Ebony Best,  
Luke Nicholson, Olivia Bryson, Ethan Holt & Daniel Woods**

### **Year 8 Reading Challenge Winners**



**Zak Alton, Leo Beales, Alisha Nicholson, Scarlett Banks, Sophie Anderson, Jessica  
Henderson, Olivia Tubman, Callum Todd & Megan Hine**

### **Year 9 Reading Challenge Winners**



**Summer Barcus, Gillian Ivison, James Wilson,  
Will Cannon, Olivia Anderson & Amy-Leigh Rotherham**

## **Managing Medication Procedures - Important information for parents/carers**

We recognise that from time to time students may require medication within the school day. However, we do have to adhere to guidelines to ensure the safety of our students. With this in mind, we would like to point out some procedures that we must follow:

- Some students may need to take prescribed medicines during their time in school. This will usually only be for a short time period, e.g. to finish a course of antibiotics. Parents/guardians must come into school and arrange this with reception.
- Children should not be sent to school with their own medicine (prescribed or non-prescribed) as this poses a health and safety risk to other children.
- Staff will not administer non-prescribed medication i.e. paracetamol, unless there are exceptional circumstances and where there is specific prior written permission from a parent/guardian.
- If a child suffers regularly from frequent or acute pain parents should refer the matter to their child's GP.

Parents/guardians have the prime responsibility for their child's health and should provide the school with timely, complete information about their child's medical condition. If your child has a medical condition that we do not know about, please contact the school, your child's Head of Year or Mrs B Johnstone.

<b>SPRING TERM 2019</b>		
<b>STARTS</b>	<b>ENDS</b>	<b>HALF – TERM HOLIDAY</b>
Tuesday 8 January	Friday 29 March	Monday 18 February – Friday 22 February
<b>Number of school days – 54</b>		
<b>KEY DATES</b>		
Friday 1 March	Year 8 Options deadline return date	
Tuesday 12 March	Year 7 Scaffold the World Workshop	
Wednesday 13 March	Year 8 WOW day	
Thursday 14 March	Year 10 Parents Evening	
18 to 22 March	Year 8 Taster Week	
20 to 24 March	Belgium Trip	
Friday 29 March	Easter Service	

### **Examinations Internal and External – Spring Term 2019**

<b>March</b>	Year 11	All subjects Mocks	w/c Monday 11 <sup>th</sup>
	Year 7-9	Reading and Spelling Tests	w/c Monday 4 <sup>th</sup>
<b>Summer</b>	Year 11-13	All subjects External Exams	From Monday 29 <sup>th</sup> April
	Year 7-8 (Selection)	Junior Maths Challenge (External)	Tuesday 30 <sup>th</sup> April

**NOTES:**

Students are issued with an individual timetable containing relevant details of each examination.

**Exam Results:**

January 2019 Vocational examination results will be available – Thursday 7<sup>th</sup> March 2019 from the exam office.

**Exam Certificates:**

Summer 2018 certificates are available for collection from reception.

**General:**

Further examination information is now available on the school website.

External Summer 2019 timetables will be issued to students and parents week commencing 11<sup>th</sup> March 2019.





# SPORTS AND



# OUTDOOR EDUCATION NEWS

## Girls Rugby

Just before Christmas the Year 7 and 8 girls participated in their first rugby tournament of the season at Netherhall School, despite the very, very cold conditions, both teams played outstandingly. The Year 8 girls played three games and convincingly won two but succumbed to a narrow defeat against Workington Academy in their first game. There were some outstanding performances from Casey-Jo Nelson, Charley Kerr and Georgia Porter. However, some of the best performances came from our new players who made their debut at the tournament Kiera Atkinson, Amy Clark and Katie Poland.

The Year 7 girls were very nervous going into their first rugby match, but with all the hard work and dedication they have been putting in to training and lessons, they soon found their feet and played with confidence and skill. They played three games and won all of them!! All fifteen girls played brilliantly and each of them contributed to the victory, but the key players were the captains, Macie Crellin and Heidi Martin, who led the team around the pitch and were vocal during the whole tournament - giving advice and praise when needed. In addition to this Evie Mumberson and Emma Needham worked tirelessly in attack, which was rewarded with a number of tries between them.

On the back of this success for both Year 7 and 8 girls the majority are now attending rugby training at Netherhall RUFC, which is fantastic and once again shows the commitment and dedication to improving rugby. If any more of our girls are interested in joining Netherhall RUFC please see Mrs Holliday or turn up to training on a Wednesday evening from 6-7pm and become part of the ever growing squad.

For girls rugby there has not only been success at Key Stage 3, but a number of our Key Stage 4 and 5 students have been impressive throughout the year and subsequently been nominated to take part in the Cumbria Rugby Union County Trials. GOOD LUCK GIRLS!!!!

SIXTH FORM - Emily Huddart-Cable, Abbie Hagan

YEAR 11 - Libby Oglanby, Chloe Pape, Abbi Langley, Maddie Nixon, Paige Johnstone, Beth Relph, Elliemya Petre, Abigail Jackson

YEAR 10 - Georgia Mason-Lowe, Mia Steele, Imarni Barker, Cerys Kendall, Cassie Lambert

YEAR 9 - Abbie Falk, Sinead Longstaff, Emily Wilson, Megan Hesketh

### UPCOMING FIXTURES

Wednesday 27th February –U18 rugby union tournament @ Netherhall RUFC

Wednesday 13th March – Year 11 rugby league tournament @ St Benedict's

Thursday 7th March – U15 rugby union tournament @ Netherhal RUFC

Tuesday 19th March – U13 rugby union tournament @ Netherhal RUFC

Monday 25th March – Year 7 & 9 rugby league tournaments @ Workington Academy

Wednesday 27th March – Year 8 & 10 rugby league tournaments @ St Benedict's

Training continues to run every Monday after school from 3-4pm.



**Mrs L Holliday**  
**PE Department**



## Inclusive Sport

Netherhall School attended the table top cricket and table tennis tournament held at the Whitehaven Harbour Trust playing against Millom, Mayfield and West Lakes. Netherhall played to the best of their ability and showed that they were up to the challenge. The students have qualified to represent Allerdale at the Cumbria School Games in July. Well done. The students enjoyed the tournament and represented Netherhall School to the highest standard.

The indoor football tournament was held at Penrith Leisure Centre. Netherhall School entered two teams in the competition. They played very well showing some excellent skills throughout, Netherhall City won four games out of five and Netherhall Rovers won three games. The students have another two football competitions to look forward to.

The students will be representing Netherhall again this half term in a boccia competition being held at Lakes College. The winning team will once again get to represent Allerdale at the Cumbria School Games held in Penrith. Good Luck.



**Learning Support Department**

## Girls Football

The girls have been working very hard in training, preparing for the games this half term. The under 13 girls have had fixtures against St Benedict's, Nelson Thomlinson and St Joseph's, with more fixtures to come next half term. The girls always represent Netherhall School to the highest standard and have shown that they are improving their technical and tactical ability each week. The girls continue to enjoy playing and show excellent teamwork in all games. Training is every Tuesday 3-4pm.



**Miss S Scott**

## Chloe Pape U18 Cumbria County Representative Honours



Well done to Chloe Pape who has been selected to represent Cumbria Women's Rugby Union U18 team.

Chloe has been playing rugby union for two years at our local rugby club – Netherhall RUFC. Chloe's strengths as a player are: adroit ball-handling skills, fearsome tackling and accurate throwing-in at the lineout.

Chloe gives special tribute to her coach at Netherhall RUFC, Carl Hewitson and is looking forward to her first match at Tynedale in a weeks' time.

As well as being a super rugby player, Chloe is a first-class student and a delight to be around in school.

Well done Chloe.

**Mr D W Tromans**  
**Headteacher**

## Paige Johnstone Workington Reds Ladies' Team



Paige has been playing for over 10 years and plays centre/right midfield and cites one of her inspirations as England midfield star Toni Duggan. In addition to this, she recognises the unstinting effort and commitment of her coach, Brian Heywood, to whom she is hugely appreciative.

Paige is a centre/right, creative and attacking midfield player, with a 'good engine'. Paige is part of the Workington Reds Ladies team who has only lost one match since October!

As well as being a brilliant footballer, Paige is an excellent student and a pleasure to be around in school.

Well done Paige.

**Mr D W Tromans**  
**Headteacher**

## Rugby Stars David Jackson & Adam Lambert



Star Year 11 Netherhall School students David Jackson and Adam Lambert represented Cumbria at U16 rugby union at the Newcastle Falcons ground in the Tri-counties Festival against Durham and Cleveland on Saturday, 5th of January. Both boys played very well as part of the A team, playing three out of the four 30 minute sessions. This was capped off by free tickets to watch the Falcons play Harlequins. There are two more matches left to play in February and March.

Well done to David and Adam for representing their county, a brilliant achievement and good luck in the next matches.

**Mr D W Tromans**  
**Headteacher**

## Sports Leaders

Netherhall School students have been working hard to complete their Sports Leaders Award.

### Year 8 Sports Leaders



### Year 9 Sports Leaders



To achieve the Level 2 and Level 1 Sports Leaders Award the students had to complete at least 10 hours of sports leadership working with primary competitions; however, most of the students did much more than the required time. In addition to this, the students helped out at lunchtime and after school sports clubs, even officiating at fixtures. All students had to record their experience, complete a workbook and attend sports leader training.

Well done to all the students involved.

**Mr D W Tromans**  
**Headteacher**